



EST. 1946

CIDESCO
THE WORLD
STANDARD
FOR BEAUTY
& SPA THERAPY



SWISS QUALITY STANDARDS SINCE 1946



CIDESCO INTERNATIONAL COURSES

CIDESCO INTERNATIONAL

SETTING STANDARDS SINCE 1946

HERITAGE

Established in 1946 in Brussels with our Head Office in Zurich, Switzerland, globally recognised for its high International standards, Comité International d'Esthétique et de Cosmétologie – CIDESCO - is the World Standard for Beauty and Spa Therapy.

CIDESCO is a non-profit organisation and was founded by leading beauty professionals to provide education and standards to the professional beauty and spa industry. Today CIDESCO is represented across the world and led by its Board of international Directors.



MEMBERSHIP

SETTING STANDARDS SINCE 1946

JOIN THE LEADING CENTRES AROUND THE WORLD

The CIDESCO membership is open to the leading educational establishments, beauty salons and spas of the world and students looking to achieve a prestigious level of training and qualifications which are Internationally recognised worldwide.

EDUCATION CENTRES WE ARE PROUD TO WORK WITH

BEAUTY

AESTHETICS

SPA &
WELLNESS

MAKE UP

MANAGEMENT
& TRAINING

NAIL

TEACHER
TRAINING

MASSAGE

YOUR ACCREDITATION BENEFITS

LISTING

Listing on the CIDESCO International website with weblink

CIDESCO WORLD CONGRESS

Opportunity to attend the annual CIDESCO World Congress Workshops and Training Seminars

MARKETING SUPPORT

PR, Marketing and Social Media support

LINK MAGAZINE

Subscription to the CIDESCO LINK Magazine full of member news and industry updates

NETWORKING

Exchange of professional knowledge via events and exhibitions

ACADEMIC PROPERTY

Access to Educational Academic property such as treatment protocol and Workbooks written by CIDESCO

YOUR ACCREDITATION BENEFITS

CIDESCO MEMBERSHIP

Your official
acknowledgement as an
accredited CIDESCO school

CIDESCO LOGO & PLAQUE

Use of the CIDESCO logo,
name and Plaque to
promote your school

QUALIFICATIONS

Access to CIDESCO
qualifications for your
students

EXAMINATIONS

Examinations by CIDESCO
International examiners

CIDESCO KNOWLEDGE BASE

Access to CIDESCO
educational materials
including training videos
and webinars

CIDESCO GLOBAL AWARDS

Invitations for your
Students to enter the
CIDESCO Global Awards
Competition

BEAUTY THERAPY DIPLOMA



OVERVIEW

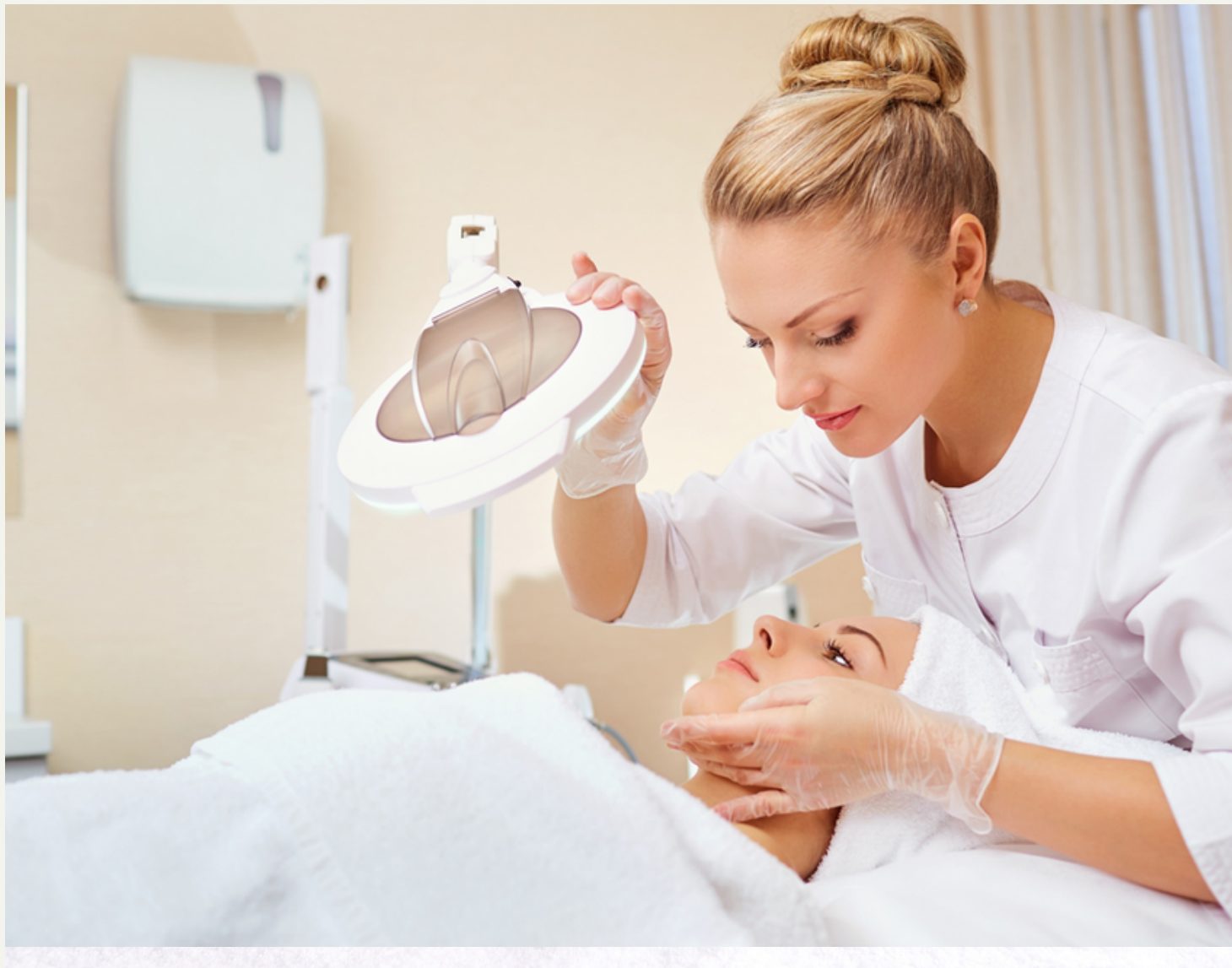
CIDESCO most comprehensive and widely recognised training course for beauty therapy including skincare and body treatments.

COURSE

- 1200 hours of training in practical and theoretical work
- Facial Treatment
- Electrotherapy in face and body
- Body Treatment
- Waxing
- Manicure & Pedicure

CIDESCO recognizes prior learning from previously achieved certified qualifications

AESTHETICS DIPLOMA



OVERVIEW

To provide candidates the required information and qualification to be able to efficiently and effectively work as aestheticians including facials with electrical treatments, waxing, make-up and manicure/pedicure.

COURSE

- 800 hours
- Facial
- Electrotherapy in face
- Make-up
- Manicure and Pedicure
- Waxing

CIDESCO recognizes prior learning from previously achieved certified qualifications

SKIN CARE DIPLOMA



OVERVIEW

To provide candidates the required information and qualification to be able to efficiently and effectively work as skin care therapists including facials with electrical treatments, waxing and make-up.

COURSE

- 730 hours
- Facial
- Electrotherapy in facial
- Make-up
- Waxing

CIDESCO recognizes prior learning from previously achieved certified qualifications

BODY THERAPY DIPLOMA



OVERVIEW

To provide candidates the required information and qualification to be able to efficiently and effectively work as body therapists including body treatments with electrical treatments and massage.

COURSE

- 565 hours
- Body analysis
- Pre-treatment
- Electrotherapy
- Body masks
- Body massage

CIDESCO recognizes prior learning from previously achieved certified qualifications

MANUAL FACIAL CERTIFICATE

OVERVIEW

To provide candidates the required information and qualification to be able to efficiently and effectively work as skin care therapists offering facial treatments.

COURSE

- 300 hours
- Cleansing
- Skin analysis
- Tinting/shaping
- Deep cleanse - steam/brush machine
- Facial massage
- Face masks

CIDESCO recognizes prior learning from previously achieved certified qualifications



FACIAL CERTIFICATE

OVERVIEW

To provide candidates the required information and qualification to be able to efficiently and effectively work as skin care therapists offering facial treatments.

COURSE

- 285 hours
- Cleansing
- Skin analysis
- Deep cleanse - steam machine
- Facial massage
- Face masks

CIDESCO recognizes prior learning from previously achieved certified qualifications



SPA THERAPY DIPLOMA



OVERVIEW

To provide candidates the required information to be able to efficiently and effectively work in spas worldwide. The course is designed to give candidates the most comprehensive spa therapy knowledge and training.

COURSE

- 600 hours
- Water supply and management paper
- Spa facilities can be outsourced

This program can be offered as an add-on to the CIDESCO Beauty Therapy program in 180 hours.

CIDESCO recognizes prior learning from previously achieved certified qualifications

AROMATHERAPY DIPLOMA

OVERVIEW

To equip therapists with a knowledge of professional aromatherapy in order to provide face and body treatments of a high standard, utilizing the effects of essential oils, with understanding and regard to client safety and comfort.

COURSE

- 340 hours
- Skin and Body analysis
- Essential oil blending
- Aromatherapy Massage
- Client care & safety

This program can be offered as an add-on to the CIDESCO Beauty Therapy program in 140 hours.

CIDESCO recognizes prior learning from previously achieved certified qualifications



MICRO-NEEDLING CERTIFICATE

OVERVIEW

To provide candidates with the required knowledge and skills to perform micro-needling treatments.

COURSE

- 115 GLH
- 160 TQT
- Consult, plan and prepare for aesthetic services
- Maintain safe and hygienic and effective working practices for aesthetic treatments
- Provide micro-needling treatments
- Inform & advise on products and services

Progression route : Advanced Aesthetics
Diploma

CIDESCO recognizes prior learning from previously achieved
certified qualifications



SKIN PEELING CERTIFICATE



OVERVIEW

To provide candidates with the required knowledge and skills to perform Skin peeling treatments.

COURSE

- 115 GHL
- 160 TQT
- Consult, plan and prepare for aesthetic services
- Maintain safe and hygienic and effective working practices for aesthetic treatments
- Provide Skin Peeling treatments
- Physiology of Skin Ageing

Progression route : Advanced Aesthetics
Diploma

CIDESCO recognizes prior learning from previously
achieved certified qualifications

MICRODERMABRASION CERTIFICATE



OVERVIEW

To provide candidates with the required knowledge and skills to perform microdermabrasion treatments.

COURSE

- 50 GLH hours
- 75 TQT
- Cleansing
- Skin analysis
- Microdermabrasion treatment
- Face masks

Progression route : Advanced Aesthetics
Diploma

CIDESCO recognizes prior learning from previously achieved
certified qualifications

FACIAL ELECTRICALS CERTIFICATE



OVERVIEW

To provide the learner to a range of facial electrical therapy treatments to improve and maintain skin condition.

COURSE

- 80 GLH
- 115 TQT

Core equipment

- Galvanic
- Faradic or Microcurrent
- High Frequency
- Lymphatic drainage equipment

Additional / optional equipment

- Low intensity LED light (below 500mw)
- Radio frequency (3KHz – 300GHz)
- Ultrasonic

CIDESCO recognizes prior learning from previously achieved certified qualifications

CERTIFICATE IN IPL & LASER TREATMENTS FOR HAIR REDUCTION



OVERVIEW

These qualifications will provide candidates with the required knowledge and skills to safely and efficiently perform IPL & Laser hair removal.

COURSE

- 90 GLH
- 120 TQT
- Cleansing
- Consultation and medical history
- Skin analysis and analysis of treatment area
- Preparation of Client
- Preparation of treatment area for hair removal
- Assess treatment area after procedure
- Day care / SPF
- Aftercare and homecare advise
- Pre & Post photographs

Progression route : Advanced Aesthetics Diploma

CIDESCO recognizes prior learning from previously achieved certified qualifications

CERTIFICATE IN IPL & LASER TREATMENTS FOR SKIN REJUVENATION



OVERVIEW

These qualifications will provide candidates with the required knowledge and skills to safely and efficiently perform IPL & Laser Treatments for Skin Rejuvenation

COURSE

- 90 GLH
- 120 TQT
- Cleansing
- Consultation and medical history
- Skin analysis and analysis of treatment area
- Preparation of Client
- Preparation of treatment area for skin rejuvenation.
- Assess treatment area after procedure
- Day care / SPF
- Aftercare and homecare advise
- Pre & Post photographs

Progression route : Advanced Aesthetics
Diploma

CIDESCO recognizes prior learning from previously
achieved certified qualifications

HOLISTIC MASSAGE DIPLOMA



OVERVIEW

To provide learners with the knowledge, skills and understanding to carry out Holistic Massage Therapy treatments. The course provides learners with the opportunity to become skilled and competent in this specialism and progress into employment or further study.

COURSE

- 235 GLH
- 371 TQT
- Safety and Hygiene working practices
- Consult assessment, plan for Massage
- Professional Practice Skills
- Holistic Massage Therapy
- Anatomy & Physiology

CIDESCO recognizes prior learning from previously achieved certified qualifications

ONCOLOGY WELLNESS DIPLOMA



OVERVIEW

This course provides the learners the knowledge, skills and a solid foundation in Oncology and Wellness from which to understand their evidence-based supportive role and therapeutic relationship throughout the client journey.

The diploma is being designed to unite the medical world of oncology with the world of wellness and beauty therapy.

COURSE

- 225 GLH
- 370 TQT
- Oncology Wellness foundation
- Anatomy & Physiology
- Oncology massage
- Skin/Dermatology
- Aesthetic treatments, including manicure
- Cosmetic science, cosmetic reconstructive surgery

MANICURE & PEDICURE CERTIFICATE

OVERVIEW

To provide candidates the required information and qualification to be able to efficiently and effectively provide manicure and a pedicure. The course is designed to give candidates the most comprehensive training in manicure & pedicure.

COURSE

- 155 GLH
- 185 TQT
- Provide manicure and pedicure treatments
- Implement and maintain safe, hygienic and effective working practices
- Consult, assess, plan and prepare for nail services

CIDESCO recognizes prior learning from previously achieved certified qualifications



NATURAL NAIL SERVICES CERTIFICATE

OVERVIEW

To provide candidates the required information and qualification to be able to efficiently and effectively provide natural nail services. The course is designed to give candidates the most comprehensive training in natural nail services.

COURSE

- 265 GLH
- 330 TQT
- Manicure & Pedicure
- UV gel polish services
- Nail art designs
- Implement and maintain safe, hygienic and effective working practices
- Consult, assess, plan and prepare for nail services
- Development of work relations

CIDESCO recognizes prior learning from previously achieved certified qualifications



PROFESSIONAL NAIL SERVICES DIPLOMA



OVERVIEW

To provide candidates the required information and qualification to be able to efficiently and effectively provide professional nail services. The course is designed to give candidates the most comprehensive training in nails.

COURSE

- 655 GLH
- 784 TQT
- UV gel polish services
- Nail art designs
- Enhance & maintain nails using a liquid monomer and powder polymer system
- Enhance and maintain nails using a UV cured gel system
- Remove nail enhancements and restore the natural nail
- Implement and maintain safe, hygienic and effective working practices
- Consult, assess, plan and prepare for nail services
- Development of work relations
- Advanced business support services
- Financial effectiveness

CIDESCO recognizes prior learning from previously achieved certified qualifications

TEACHER TRAINING ASSESSMENT CERTIFICATE

OVERVIEW

To provide candidates with the required knowledge to teach and assess learners in an education and training environment.

COURSE

- 85 GLH
- 160 TQT
- Understanding roles, responsibilities and relationships in education and training
- Understanding and using inclusive teaching and learning approaches in education and training
- Facilitate learning and development in groups
- Understanding the principles and practices of assessment



ANATOMY & PHYSIOLOGY CERTIFICATE

OVERVIEW

This fully online Certificate course gives learner the necessary theoretical knowledge about Anatomy & Physiology.

COURSE

- 90 GLH
- 150 TQT
- Anatomy & Physiology introduction
- Foundations of chemistry
- Cells and Tissue system
- Integumentary
- Cardiovascular system
- Lymphatic
- Nervous
- Endocrine
- Skeletal
- Muscular
- Renal system
- Digestive & Reproductive system



CIDESCO recognizes prior learning from previously achieved certified qualifications

BEAUTY & SPA MANAGEMENT DIPLOMA



OVERVIEW

The course is designed to give candidates a more comprehensive understanding of how to manage all aspects within a beauty salon and/or spa environment.

COURSE

- 100% online
- 300 hours
- No pre-requisite experience or training
- Provides a comprehensive understanding of spa management, including, Operational Management, Beauty & Spa Trends, Stock Control, Leadership, Marketing & Customer relations, HR, Finance and Business Plan.
- Power point presentation of business plan

CIDESCO recognizes prior learning from previously achieved certified qualifications

MEDIA MAKE-UP DIPLOMA



OVERVIEW

This course will provide candidates with the required knowledge to enable them to be effectively employed as competent and confident make-up artists in the field of media make-up.

COURSE

- 310 hours
- Mood Board
- Nude
- Black and white
- Runway/Catwalk
- Magazine, film and fashion industry

CIDESCO recognizes prior learning from previously achieved certified qualifications

MAKE-UP IN ARTISTRY DIPLOMA



OVERVIEW

To provide candidates the required information and qualification to be able to efficiently and effectively work as professional theatre, media and fashion make-up artists in the world. The course is designed to give candidates the most comprehensive training in make-up artistry.

COURSE

- 380 hours
- Pre-requisite: CIDESCO Media Make-up
- Character make-up, prosthetics and lace hair
- Aging male, bold cap
- Special effects
- Bruises and wounds

CIDESCO recognizes prior learning from previously achieved certified qualifications

EPILATION DIPLOMA



OVERVIEW

This course gives candidates the necessary practical skills and theoretical knowledge to safely perform permanent hair removal.

COURSE

- 200 hours
- Galvanic Electrolysis, High Frequency, The Blend
- Dermatology
- Hair
- Hirsutism and Hypertrichosis
- Cardiovascular System
- Endocrine System
- Practical application of Electrical epilation (Theory)
- Contraindications
- Clinic hygiene and sterilisation methods
- Methods of hair removal

Pre requisite: CIDESCO Beauty Therapy

CIDESCO recognizes prior learning from previously achieved certified qualifications

CIDESCO COURSE ACCREDITATION



SCHOOL CPD ACCREDITATION

CIDESCO *mission* is to improve the standards of education delivered through accredited schools that have the highest standards of teaching. We understand that many therapists have a passion for the industry they are in and are continually looking at ways to improve their education through Continual Professional development *CPD programme*. CIDESCO now offers schools the opportunity to have their CPD programmes accredited by CIDESCO International. CIDESCO will assess your CPD programme through our Educational Advisory Board and certify your school program and issue a Certificate with the prestigious CIDESCO logo.



CORPORATE TRAINING ACCREDITATION

CIDESCO *mission* is to improve the standards of education delivered and we realise that many product houses offer in-house training for their staff. To help to improve the standard of therapist training, CIDESCO now offers product houses the opportunity to have their programmes accredited by CIDESCO International. CIDESCO will assess your in-house training programs through our Educational Advisory Board and certify your company program allowing your company to co-brand a Certificate with the prestigious CIDESCO logo and your company's logo.



ENQUIRE NOW

**WE ARE HERE TO ANSWER YOUR QUESTIONS
ON BECOMING A CIDESCO CENTRE**



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FOLLOW OUR COMMUNITY

